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## Baby Rides & Tiny Tunes

# SONGS TO DEVELOP SELF-ESTEEM & RHYTHM

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## Name Songs

As you sing each song, tap to the beat on your body and encourage students to tap along with you. Tap on a different body part every time you sing to a different child. This helps your students feel and see the rhythm and is much more effective than you simply clapping along to the song.

#### THE NAME GAME SONG

(a.k.a. The Banana Fana Song)

This is a popular song from the 60's that you might remember or know. Google "The Name Game Song" and you can listen to it.

Sarah Sarah bo barah Lindsay Lindsay bo binsay
Banana fana fo farah Banana fana fo findsay
Me my mo marah. Sarah! Me my mo mindsay. Lindsay!

A variation is to just sing the word of anything, to teach language and expand on the theme.

Cat cat bo bat

Banana fana fo fat

Me my mo mat. Cat!

Gato gato bo bato

Banana fan fo fato

Me my mo mato. Gato!

#### OLD MACDONALD HAD A FARM

Simply exchange "Donald" for your student's name, your name, grandpa's name, the goldfish's name, etc.

Make the animal sounds as realistic as possible!

Old Mac(name) had a farm.

Ee-iegh Ee-iegh Oh.

And on that farm she had a chicken.

Ee-iegh Ee-eigh Oh.

With a cluck cluck here and a cluck cluck there!

Here a cluck! There a cluck! Everywhere a cluck cluck!

"Old Mac(name) had a farm.

Ee-iegh Ee-iegh Oh.

#### THE LITTLE RED BOX SONG

(Can also sing "Little HEART Box")

Oh I wish I had a little red box To put my (student's name) in. I'd take her/him out and Smooch! Smooch! Smooch! Then put her back again.

Show box or make heart shape with fingers and sway to the rhythm. Open box and pretend to take student out of box. Give imaginary miniature student 3 kisses. Pretend to put her/him back in box.

#### WHO'S THAT UNDERNEATH THAT HAT?

(Sung to the tune of "Head Shoulders Knees and Toes")

Offer hat/s to your student. Sing about each child as they wear the hat. Encourage them to pass the hat to the next student or, if there is a variety of hats from which to choose, instruct the child to put the hat back with the other hats.

Who's that underneath that hat, that hat? Who's that underneath that hat, that haaaaaaat? I see Cleo underneath that hat. Cleo is underneath that hat, that hat!

Variation: Instead of saying the last "that hat" one can substitute the type of hat that is being sung about. For instance, the song could end in "Cowgirl Hat," "Firefighter Hat," "Chef Hat," "Winter Hat," "Blue Hat," "Furry Hat," etc.

Sometimes a student does not want to wear the hat. You can still include him/her by singing about where the hat is in relation to the student.

Examples: Who's that beside that hat, that hat?

Who's that in front of that hat, that hat? Who's that behind that hat, that hat?

And the ever popular - - Who's that throwing that hat, that hat?



Variation: Who's that wrapped up in that snake, that snake?

Who's that wrapped up in that snake, that sna a a ake?

I see Juliet wrapped up in that snake.

Juliet is wrapped up in that snake, that very long snake!!

#### WILLOBY WALLABY

Use a stuffed animal or a puppet to tap the rhythm on each student.

Willoby Wallaby Wax. An elephant sat on Max. Willoby Wallaby Wurphy. An elephant sat on Murphy.

Sing about the stuffed animal/puppet you are using.

Willoby Wallaby Weric. A turtle sat on Eric. Willoby Wallaby Woanie. A buffalo sat on Joanie.

Sing about what the stuffed animal/puppet is doing.

Willoby Wallaby Will. A kitty tickled Jill.
Willoby Wallaby Wander. A puppy danced on Xander.
Willoby Wallaby Woberto. A dragon hugged Roberto.
Willoby Wallaby Way. A chicken kissed on Kay.

You can choose to sing just one line to each student, 2 lines to each student or 4 lines to each student.

#### THE SILLY SONG

This one has its own little tune and is not a "piggyback song" - - which is a song that copies another song's rhythm.

If singing with babies, you can use sounds that the baby likes to make. Ex: "da" "ma" "ga" "ba" etc.

I know a silly song with just one word, it just goes da da da.

It's the silliest song that you ever heard, it just goes da da da.

Da da da da da. Da da da da da da da da.

Da da da da da da. Da da da da da da da.

Variation: Sing each student's name.

Other Variations: Sing words in different languages or words that you are teaching.

#### KOOKABURRA

(variation)

(Sung to the tune of "Kookaburra")

Tap to beat on body

**WORDS ACTIONS** 

Kookaburra sits in the (name a food) tree

Eating all the (name food again) s/he can see.

Stop kookaburra! Make "stop" hand in front of body Stop kookaburra! Make other "stop" hand in front of body

Save some (name food again) for me! Tap hands in rhythm on chest as if indicating self

This is a fun song to use when teaching "Fantastic Fun with Food." Each student can hold a food plushie and that can be the food that is sung about. Or you can ask each student what their favorite food is, and you can sing about that food.

If teaching babies, this is a great song to use when introducing new foods or just to sing about each baby's favorite foods. Here are some of the fun possibilities: cheerios, squash, banana, spaghetti, formula, yams, green beans, even breast milk!!!

Another variation is to substitute the student's name each time Kookaburra is sung.

WORDS **ACTIONS** 

(Student's Name) sits in the (name a food) tree Tap to beat on body

Eating all the (name food again) s/he can see.

Stop (Name)!

Make "stop" hand in front of body Stop (Name)! Make other "stop" hand in front of body

Save some (name food again) for me! Tap hands in rhythm on chest as if indicating self

#### MARY WORE HER RED DRESS

(Sung to the tune of "Did You Ever See a Lassie")

**WORDS ACTIONS** 

Mary wore her red dress, her red dress, her red dress. Sway and Tap

Oh, Mary wore her red dress - - in Arts Alive! Point to article of clothing

Johnny wore his green jeans, his green jeans, his green jeans, Sway and Tap

Johnny wore his green jeans - - in Arts Alive! Point to article of clothing

#### MARY HAD A LITTLE LAMB

Sing about each student and something that they are wearing.

Benji's wearing pink today. Pink today. Pink today. Benji's wearing pink today. Today in Arts Alive!

Shellye's wearing overalls. Overalls. Overalls. Shellye's wearing overalls today in Arts Alive!

Ryder has stripes on his shirt. Stripes on his shirt. Stripes on his shirt. Ryder has stripes on his shirt today in Arts Alive!

Variation: As you sing about each student and what they are doing, they get up and do it!

Rebecca's walking sideways. Sideways. Sideways. Rebecca's walking sideways right across the room.

Evan's jumping on two feet. On two feet. Evan's jumping on two feet all over the classroom.

James is curving backwards. Backwards. Backwards. James is curing backwards today in Arts Alive!

#### THE CIRCLE SONG

Sit in a circle. Place a hula hoop around the student sitting next to you in the circle.

Sing and clap the song.

Everyone clap for Ida. Ida's in the circle.
Everyone clap for Ida. The circle is around her.
YAAAAAAAAAAAAAAAAAI!!!!!

Now it is Ida's turn to move the circle from around her body and place it around the child next to her. This is easier said than done for some children. Be patient. Instruct any classroom teacher to let each child figure it out for themselves. It's not about getting done as fast as you can.

#### FROG ON YOUR HEAD

You can use small stuffed animals or your imagination and have children place the animals on top of their head at their turn. You could also replace "head" with another body part of the child's choosing.

This is a song by Laurie Berkner that can be found on the internet.

Dylan has a frog on her head. Dylan has a frog on her head. Dylan has a frog on her head And she keeps it there all day.

#### JUMP UP AND DOWN

Children sit in a circle as you sing for each child. You can vary the tempo according to the speed the child is jumping!

Dylan, Dylan Jump Up and Down
Jump Up and Down
Jump Up and Down
Dylan, Dylan Jump Up and Down
Please Dylan, sit back Down.

#### PEEK-A-BOO

(Sung to the tune of "Skip to My Lou")

You can use transparent scarves to "hide" your face as you sing. Bring the scarf down on each "boo". Older children love to see silly faces every time your face is revealed and delight in copying your antics.

Be sure to hand out scarves so that the kids can play along.

Where is Callan? Peek-a-Boo! Where is Callan? Peek-a-Boo! Where is Callan? Peek-a-Boo! Peek-a-Boo to Callan!

#### **IS JOHNNY HERE**

(Sung to the tune of "Here We Go Looby Loo")

Children sit in a circle as each child takes a turn. Simply, the child may dance in the circle while the group sings and claps along. Additionally, you can give direction to the child for various locomotor activities.

The variations to this game are endless.

Is Johnny here today?
Is Johnny here today?
We clap our hands and shout Hooray!
Johnny's here today!

## **Stretch & Sing**

#### **OUR ARMS GO HIGH**

(sung to the tune of "Here We Go 'Round the Mulberry Bush")

**ACTIONS** 

**WORDS** 

WORDS	ACTIONS
Our arms go high	Stretch baby's arms high
Our arms go low	Stretch baby's arms low
We roll around	Roll like "Wheels on the Bus"
And then we go	
Way up high	Stretch high again
And way down low	Stretch low again
And rock from	You and baby rock side to side
Side to side	
Our arms go out	Stretch baby's arms out
Our arms go in	Cross baby's arms in front of
We roll around	her/him
And we begin	Roll
To stretch up high	
And down again	Stretch high
And rock from	Stretch low
Side to side	Rock

#### We Go Up

(Sung to the tune of "This Old Man")

WORDS	ACTIONS
We go up	Knees go up
Ma aa dayya	Knoos as down

We go down Knees go down

We go bouncing Bounce knees all around

All around

To the left and the right

And the left and the right

And left and right

Bounce bounce Bounce knees three times
All day and night Bounce knees two times

#### Sittin' in my Highchair

(Sung to the tune of "Shortenin' Bread")

WORDS ACTIONS

Sittin' in my highchair Bounce to rhythm while holding baby's arms to the

My chair, highchair sides.

Sittin' in my highchair

Bangin' my spoon

Move arms up & down as if "banging spoon"

Sittin' in my highchair

My chair, highchair Repeat

Sittin' in my highchair Bangin' my spoon

ugin' my spoon

Bring on the jelly

Bring on the bread Bring one arm into chest
Somebody get this baby fed Bring other arm into chest
Tap hands in rhythm on chest

Bring on the carrots

Bring on the peas Repeat

Somebody feed this baby please

Repeat entire song but end with "Somebody give this baby a

squeeze" Give baby a big hug!

(instead of "feed this baby please.")

#### **OPEN, SHUT THEM**

WORDS ACTIONS

Open, shut them Open arms, cross arms in front of body Open, shut them Open arms, cross arms in front of body

Give a little clap, clap Clap to the melody

Open, shut them Open arms, cross arms in front of body Open, shut them Open arms, cross arms in front of body

Lay them in your lap, lap Lay in lap and tap to the melody
Creep them, creep them Creep fingers slowly up baby's body

Slowly creep them

Right up to your chin, chin, chin

Open up your little mouth but.... Circle fingers around mouth

Do not let them in!!! Run hands down body as if running away.

#### **10 LITTLE HORSES**

#### WORDS

10 little horses, galloped into town.

5 were black and
5 were brown.
They galloped up and
They galloped down
And they galloped and
They galloped right out of town.
WHERE ARE THOSE HORSES?

HERE THEY ARE!!!!

#### **ACTIONS**

"Gallop" hands on thighs.

Show one hand

Show the other hand

"Gallop" hands up body

"Gallop" hands down body.

"Gallop" hands around body and behind back.

Continue hiding hands behind back.

Show hands!!!!

#### **ITSY BITSY SPIDER**

WORDS ACTIONS

The itsy bitsy spider Stretch your baby's arms starting low moving high, as if climbing.

Went up the waterspout. Move your baby's arms starting high moving

Down came the rain and low, as if raining.

Washed the spider out. Swish your baby's arms open & close & open.
Out came the sun and Stretch your baby's arms low, to sides, & up.
Dried up all the rain. Stretch your baby's arms high, to sides, & low.

Then the itsy bitsy spider Repeat first movement.

Went up the spout again.

Variation: Instead of moving your baby's arms, move the legs. This is a great song for changing time!

### THE WHEELS ON THE BUS

To make this traditional song more fun, exciting, and stimulating, "color" the words. For example, when singing about the wheels, make your words come out like the big, round, black wheels of the bus. Examples are given below of the imagery to use after each verse. For even more variety, create your own imagery. Sing as if "the wheels are going flat," "the wheels are very tiny," "someone put race car wheels on our bus!"

V	V	റ	R	DS

The wheels on the bus go round and round! Round and round! Round and round! The wheels on the bus go round and round! All through the town!

Rain . . . pitter patter pitter patter

Wipers . . . swish swish swish

Horn . . . honk honk honk

Doors . . . open and shut

Money . . . clink clink clink

Driver . . . "Please move on back."

People . . . up and down

Radio . . . la la la

Blinkers . . . blink blink blink

Engine . . . vroom vroom vroom

Brakes . . . stop stop stop

Parents/Teachers . . . I love you & Bye bye bye! and step on gas.

**IMAGERY AND MOTIONS** 

**BIG BLACK ROUND WHEELS!** 

Roll baby's hands around forwards the 1st and

backwards the 2nd time.

Circle arms all around on last sentence.

**SOFT RAIN SOUNDS** 

Tap lightly on baby anywhere.

WET WIPER SOUNDS

Baby's arms back and forth like wipers.

HONK LOUDLY! IT'S A BUS!!!!!

Push baby's tummy in!

SAY "OPEN" WIDE OPEN AND "SHUT" SOFT

AND CLOSED. Arms open and shut.

MAKE VOICE SOUND LIKE A COIN DROPPING.

Make motion of dropping coin in change box..

SOUND LIKE A BUS DRIVER. JUST CHANGE

YOUR VOICE. Motion to move back.

"UP" VOICE HIGH. "DOWN" VOICE LOW.

Bounce baby up and down.

BOOGIE DOWN.

Boogie down and clap.

SOUND LIKE A BLINKER.

Alternate open and shut arms.

LOUD! Turn wheel or key.

SCREECHING ABRUPT SOUND.Pull baby back

SAY IT WITH LOVE! Hug and wave bye bye.

## **Fun with Food**

#### PAT-A-CAKE

#### Words

Pat-a-cake, pat-a-cake, baker's man, Bake me a cake as fast as you can. Roll it and pat it and mark it with a B And put it in the oven for baby and me.

#### **Actions**

Clap baby's hands together Clap baby's hands on lap Roll hands, pat lap, make the letter "b" Clap, clap, tap baby's chest 2 times

#### I'M A LITTLE TEAPOT

Words Actions

I'm a little teapot, short and stout. Here is my handle. Here is my spout. When I get all steamed up, watch me shout, "Tip me over and pour me out!"

I'm a clever teapot, it is true.
Here's an example of what I can do.
I can change my handle and change my spout.
Just tip me over and pour me out.

Sway side to side with baby Put baby's hand on hip, other hand out Bounce up and down on lap Tilt baby sideways as if pouring

Sway side to side with baby
Put baby's hand on hip, other hand out
Bounce up and down on lap
Tilt baby sideways as if pouring

#### I'M A LITTLE BABY

(Sung to the tune of "I'm a Little Teapot")

#### Words Actions

I'm a little baby cute and sweet. Here are my hands and here are my feet. When I get all steamed up, here's what you do – Just give me a hug and say, "I love you!" Sway side to side with baby Wiggle baby's hands then wiggle baby's feet Wiggle baby's whole body Give a hug and say, "I love you!"

## **Songs of the Sky**

#### You are my Sunshine

Words Actions

You are my sunshine. My only sunshine. You make me happy when skies are gray. You'll always know dear, How much I love you!
I love you more and more every day!

Rock with baby sitting in your lap. Stretch baby's arms up high! Cross baby's right arm over chest. Keep there. Cross baby's left arm over chest.

While arms are crossed, hug and rock baby.

#### **The Storm Song**

(Sung to the tune of "Twinkle Twinkle")

Words Actions

Thunder thunder loud and strong!
Lightning streaks so bright and long.
Raindrops falling on your knee.
Rain on you and rain on me!
Thunder thunder loud and strong!
Lightning streaks so bright and long

Pat floor loud and fast.

Make 4 zig zags in the air alternating hands
Lightly tap knees to simulate raindrops.

Lightly tap baby, then lightly tap yourself.

Repeat above thunder motion.

Repeat above lightning motion.

#### Way Up High in the Sky so Black

(Sung to the tune of "Twinkle Twinkle")

Words Actions

Way up high in the sky so black
I looked at the moon and the moon looked back
He winked his eye as I waved good night
And I pulled my covers up around me tight.
He winked his eye as I waved good night
And I pulled my covers up around me tight.

Hold arms in a circle above head. Sway 4 times.

Wink eye then wave.

Mime pulling covers up from toes to chin.

Repeat wink and wave.

Repeat covers pulling up motion.

<sup>\*</sup> Last line is Tina's version of this traditional song.

## All the Fish are Swimming in the Water

#### Words

All the fish are swimming in the water Swimming in the water Swimming in the water All the fish are swimming in the water Bubble, bubble, bubble, SPLASH!!!!

#### **Actions**

Hands together, fingertips pointed forward Keep hands and fingers together, Wiggle/curve in swimming motion

Wiggle fingers as you slowly raise your hands "Splash" hands down flat on floor or lap

Other water creatures may include (but are not limited to) crabs, dolphins, people, dogs, mermaids, divers, sharks, swordfish, ducks, sea horses, seaweed, clams, etc.

## **Hurry, Hurry Drive That Firetruck**

#### Words

Hurry, hurry drive that fire truck, Hurry, hurry drive that fire truck, Hurry, hurry drive that fire truck, Ding, ding, ding, ding,

Hurry, hurry turn that corner Hurry, hurry turn that corner Hurry, hurry turn that corner Ding, ding, ding, ding,

Hurry, hurry climb that ladder Hurry, hurry climb that ladder Hurry, hurry climb that ladder Ding, ding, ding, ding, ding.

Hurry, hurry spray that water Hurry, hurry spray that water Hurry, hurry spray that water Ding, ding, ding, ding,

Hurry, hurry climb down the ladder Hurry, hurry climb down the ladder Hurry, hurry climb down the ladder Ding, ding, ding, ding,

Hooray! Hooray! We put out the fire! Hooray! Hooray! We put out the fire! Hooray! Hooray! We put out the fire! Ding, Ding, Ding, DING!!!!

#### Actions

Sit with legs outstretched in front Hold onto steering wheel Drive and turn wheel side to side Ring bell 4 times

Seated and driving position Turn wheel and lean body Turn and lean opposite direction Ring bell 4 times

Arms alternate up and down Climb UP the ladder Repeat action Ring bell 4 times

Hold water hose with both hands Spray water side to side Repeat action Ring bell 4 times

Arms alternate down and up Climb DOWN the ladder Repeat action Ring bell 4 times

Clap hands in CELEBRATION!!!
Repeat action
Repeat action
Ring bell 4 times